



Child's Name:

Parent/Guardian's Name:

Address:

Postcode:

Child's date of birth:

Current Age:

EMERGENCY CONTACT NUMBERS:

Home:

Name & Relationship to Child:

Work:

Name & Relationship to Child:

Mobile:

Name & Relationship to Child:

HEALTH QUESTIONS

Please Circle

Does your child have or has he/she ever experienced the following?

High or low blood pressure	yes / no
Elevated blood cholesterol	yes / no
Diabetes	yes / no
Chest pains brought on by physical exertion	yes / no
Childhood Epilepsy	yes / no
Dizziness or Fainting	yes / no
A bone, joint or muscular problem or arthritis	yes / no
Asthma or other respiratory problems	yes / no
Any sustained injuries or illnesses?	yes / no
Any allergies	yes / no
Is your child taking any medication	yes / no
Has your doctor ever advised your child not to exercise	yes / no
Is there any reason not mentioned above why any type of physical activity may not be suitable for your child?	yes / no

If you have answered YES to any of the above questions, please write full details here:

In signing this form, I the parent/guardian of the aforementioned child, affirm that I have read this form in its entirety and have answered the questions accurately and to the best of my knowledge.

I understand that my child is responsible for monitoring him or herself throughout any activity, and should any unusual symptoms occur, they would cease participation and inform the instructor.

I understand that if my child is below the age of six years that I the parent/guardian am responsible for monitoring them within their activities.

In the event that medical clearance must be obtained prior to my child's participation in an exercise session, I agree to contact their GP and obtain written permission prior to the commencement of the exercise activity and that this permission be given to the instructor.

I understand that if my child fails to behave in a manner that is polite and social, he or she could be suspended from that particular activity.

Parent or Guardian Signature:

Print Name:

Date: